

## New Life Café

## Cape Coast

You find this very small restaurant in the same street as the handcraft stores on the road coming from Victoria Park (Oasis) to the Castle. At New Life you can get delicious breakfast as well as lunch and dinner. I love to sit here on my own with a book, sometimes watching the people passing by on the street or chatting with the staff members. It can take some time before your meal is ready, but who cares about time anyway.

## Da Breeze

## Cape Coast

Are you done with the beach beside the Castle? There is a lovely beach on the road to Elmina as well. You can just take a taxi to that place called Da Breeze. I have been told this is where the university students come to celebrate the end and start of the study years.

I was there for just a drink, but I bet they have meals as well and at least Ghana's famous kebabs (literally served everywhere). Da Breeze is a really nice place for fresh air and a different environment. I have to visit this place more often!



## Jah Mighty Love Land

## Winneba

Winneba has forever a special place in my heart, because I lived there several times. It has an amazing beach, where you can take the best sunset and sunrise pictures of whole Ghana. Funny this is that there is a natural swimming pool, because sometimes the waves are too dangerous to take a swim. Winneba is not as popular as some other coastal towns, so there aren't that many restaurants on the beach. Luckily there is Mighty Jay.

Mostly the music is too loud to have a normal conversation, but I really love to have a drink here and watch the waves. There are also lots of parties in and around the place. The students from the university often come here to celebrate things like the beginning and end of the study year.

W: [jahmightyloveland.com](http://jahmightyloveland.com)

## Windy Lodge

## Winneba

Arriving at the beach and taking your right for a short walk, will bring you to Windy Lodge. You have to pass the palm trees before you can enter the place. Windy Lodge is a huge complex with maybe a hundred rooms, and I am really wondering for who the rooms are build, but the restaurant is a very good place for relaxing and having a nice meal. I love the vegetable stew they serve with plain rice.

